

MEDICINAL HERB INFO

Lamb's Ear:

Uses: *Used as a bandage to bind wounds.*

How it is grown: *Grown by division in the spring or fall, the plants need sunlight to grow.*

What it looks like: *A low plant with soft furry leaves, there are purple flowers in August.*

Chamomile:

Uses: *The flowers are dried and seeped in water to make a tea that is used to cure insomnia.*

How it is grown: *Grown by seed or root division in the spring, seedlings need sunlight to grow.*

What it looks like: *A low plants with yellow and white flowers.*

Garden Heliotrope:

Uses: *The root was used to treat headaches.*

How it is grown: *Grown by root division in the spring, the seedlings need sunlight to grow.*

What it looks like: *A single, medium-to-tall plant with white flowers.*

Wormwood:

Uses: *The leaves, both fresh and dried, were used to treat stomachaches.*

How it is grown: *Grown in the fall by root division, seeds, or cuttings, the seedlings grow best in the shade.*

What it looks like: *A tall plant with yellow flowers in July.*

Witch Hazel:

Uses: *The leaves and bark make a stringent tonic, used as a sedative.*

How it is grown: *Grown in the spring from cuttings or seeds, the seedlings need sunlight to grow.*

What it looks like: *A tall shrub with yellow flowers in the fall.*