

**Mansfield Public Schools
Greenhouse Lesson Plan**

Lesson Title / Grade Level	Experiencing Culinary Herbs Grade: 3
Content Area Objective(s)	Students will apply their knowledge of culinary herbs in colonial America to making herbal tea Students will experience some of the culinary uses of herbs
Science Goals And Objective(s)	
Overview	Students will make herbal tea from a mix of dried herbs and they will try dandelion jelly on crackers with their tea
Time Needed/ Instructional Arrangements and Setting	30 minutes ½ the class at a time In the greenhouse
Prerequisites Or Pre-Teaching That Needs To Be Done	Students need to have completed the "Culinary Herbs in Colonial America" lesson in order to have a basic knowledge of the culinary uses of herbs and some of the herbs that were used for cooking in colonial times
Procedure	<p>Initiation- Ask students what they remember about culinary herbs. Ask what some of the culinary uses of herbs were in colonial America. Tell students that they will be making herbal tea, just like it was done in colonial times. Tell students that they will also be sampling a jelly made from herbs (there isn't enough time and it is too involved for students to make the jelly, but they can try it to see what it tastes like).</p> <p>Procedure- Have students work cooperatively in groups to heat the water and seep the dried herbs in the hot water to make the tea. Pass out a cup for the tea to each student, and some crackers. Students can spread some dandelion jelly onto their crackers, and try the herbal tea that they've made.</p> <p>Closure- Discuss with students their thoughts on the activity. Would they want to have to do this all the time? Did they like the flavors? Is it better or worse to be able to just go to the store and buy tea or jelly? Why?</p>
Materials	Pot & Burner (or electric plug-in pot) Dried herbal mix for tea Dandelion jelly Crackers Plates Cups Plastic knives Napkins Spoons
Materials Notes	If possible, there should be multiple pots to make the tea in so that students can work in groups. *materials obtained at Caprilands Herb Farm in Coventry, CT
Differentiation Strategies	
Assessment Strategies	Students will be evaluated based on their attention and participation during the activity, as well as their contribution to the class discussion

