

**Mansfield Public Schools
Greenhouse Lesson Plan**

Lesson Title / Grade Level	Culinary Herbs in Colonial America Grade: 3
Content Area Objective(s)	<ul style="list-style-type: none"> ❖ Students will know some of the culinary uses of herbs grown in colonial America ❖ Students will be able to name some colonial herbs that were used for culinary purposes
Science Goals And Objective(s)	
Overview	Students will be taught about bush basil, sage, thyme, horseradish, spearmint, and peppermint. These were some herbs grown in colonial America that were used for culinary purposes. Students will learn the functions and uses of each herb, as well as how they were grown.
Time Needed/ Instructional Arrangements and Setting	30 minutes ½ the class at a time In the greenhouse
Prerequisites Or Pre-Teaching That Needs To Be Done	Students need to have a basic understanding of life in colonial America (a colonial household could not function properly without an herb garden).
Procedure	<p>Initiation- Ask students what they know about herbs. What are they, how are they used, where can you find them? Prompt for answers such as grown in a garden, can be bought at a store, used for many different things, like COOKING.</p> <p>Procedure- Tell students that herbs were used in cooking for a variety of purposes. Discuss each herb, show students pictures, and talk about what each one was used for. Bush Basil was used for savory dishes, Sage was used for sausage and stuffing, Thyme was used for meats and broths, Horseradish was used as a seasoning, and Spearmint and Peppermint were used for tea. Have students complete an herb worksheet (page in their herb book) for each example.</p> <p>Closure- Ask students what they learned about culinary herbs, and if they have any questions. Give them an example of an herb and ask if they remember what it was used for in colonial America.</p>
Materials	<ul style="list-style-type: none"> ❖ Pictures of the herbs ❖ Herb books ❖ Pencils
Materials Notes	
Differentiation Strategies	Pictures for visual learners, spoken explanation for auditory learners.
Assessment Strategies	Students will be evaluated based on their participation in class discussion, and completion of the pages for each herb